

# Tasha Baldrige

## Summary

Highly qualified board-certified Family Nurse Practitioner focused on providing compassionate and quality healthcare for patients of all ages including pediatrics, adolescents, and geriatrics. Skilled at diagnosing physical symptoms and formulating individualized treatment plans, while staying current with the latest medical knowledge and equipment advancements. Proven to handle medical emergencies, with the necessary skillset to perform under pressure. Excellent interpersonal skills and a dedicated worker.

## Education

### **United States University**

*Master of Applied Science in Nursing: Family Nurse Practitioner*

Completion Date: August 24, 2021; GPA: 4.0

### **University of Tennessee**

*Bachelor of Applied Science in Nursing*

Completion Date: August 2018; GPA: 3.7

### **Chattanooga State Community College**

*Associate of Applied Science in Nursing*

Completion Date: May 2017; GPA: 3.0

### **Georgia Northwestern Technical College**

*Associate of Applied Science in Pharmacy Technology*

Completion date: 2013



## Experience

### **Sentef Medical Centers**

October 2022- February 2023

Certified Family Nurse Practitioner

- Provided medical care, referrals, and consultations to diverse patient population with acute and chronic medical conditions
- Provided comprehensive primary and urgent care to patients of all ages through assessment, evaluation, diagnosis, and management
- Evaluate, diagnose, and manage a variety of mental health conditions such as depression, anxiety, bipolar disorder, ADHD, insomnia, etc.
- Utilized screenings such as Patient health questionnaire-9 (PHQ9), Goldberg Bipolar Spectrum Screening, Goldberg Depression questionnaire, The Kessler Psychological Distress Scale (K10), and ADHD evaluation/rating scale/questionnaire to evaluate, diagnose, and manage mental health conditions
- Proficient ability to quickly assess and identify patient's needs in a fast-paced environment
- Performed procedures such as incision and drainage of abscesses, laceration repair, trigger point injections, etc.
- Order and interpret labs, x-rays, and EKGs
- Consistently applied evidence-based knowledge to primary and urgent healthcare concerns
- Consulted with other members of Sentef Medical healthcare team as well as external healthcare providers to coordinate patient care
- Acted as practitioner, consultant, educator, and health professional

### **Advance Care Medical**

May 2022- September 2022

Certified Family Nurse Practitioner

- Provide urgent care and primary care to incoming patients
  - Managed Urgent Care in Walk-in Clinic
  - Acted as practitioner, consultant, educator, and health professional
  - Handled patient assessment and care plan development

### **Hamilton Health**

July 2021- February 7, 2022

Registered Nurse on Mother/Baby unit

- Provide care to new mothers and their infants immediately following the delivery until discharge
  - Monitor mothers to ensure they were recovering properly, both physically and emotionally
  - Administer Pitocin and lactated ringers post delivery
  - Administer postpartum medications via PO, IV, IM, and rectally
  - Educate new mothers and fathers on how to care for their infant including instructions on breast feeding, hand expressing colostrum, bottle feeding, burping, use of bulb syringe, bathing, cord care, circumcision care, safe sleep, car seat safety, etc.



- Provided ongoing assessments of mothers and infants until their discharge

## **Sadiant Staffing**

November 2020- April 2021

Registered Nurse on COVID, Med/Surg, and Telemetry Units

- Provide care to COVID positive patients and patients admitted to medical/surgical and telemetry units
  - Monitor patients to ensure they were recovering properly, both physically and emotionally
  - Administer medications via PO, IV, IM, and rectally
  - Educate patients on their condition and overall health and recovery
- Provided ongoing assessments discharge

## **Erlanger East Hospital**

June 2017- June 2020

Registered Nurse on Mother/Baby unit

- Provide care to new mothers and their infants immediately following the delivery until discharge
  - Monitor mothers to ensure they were recovering properly, both physically and emotionally
  - Administer Pitocin and lactated ringers post delivery
  - Administer postpartum medications via PO, IV, IM, and rectally
  - Educate new mothers and fathers on how to care for their infant including instructions on breast feeding, hand expressing colostrum, bottle feeding, burping, use of bulb syringe, bathing, cord care, circumcision care, safe sleep, car seat safety, etc.
- Provided ongoing assessments of mothers and infants until their discharge

## **Access Family Pharmacy**

February 2015- February 2016

Certified Pharmacy Technician

## **Chickamauga Drug Store**

May 2013- October 2014

Certified Pharmacy Technician

## **Clinical Experience**

### **Erlanger at Volkswagen Drive**

Preceptorship Family Nurse Practitioner

March 2021 to August 2021

### **Banyan Family Night Clinic**

Preceptorship Family Nurse Practitioner

January 2021 to March 2021



## Skills

- Licensed Advanced Practice Registered Nurse in Tennessee. Georgia APRN licensure in progress.
- Certified Family Nurse Practitioner through the American Academy of Nurse Practitioners
- Certified DOT Medical Examiner
- Active DEA
- BLS and ACLS certified through American Heart Association
- Neonatal Resuscitation Program (NRP) certified
- Effective communication skills
- Able to obtain complete health history and physical exams
- Order, perform, and interpret diagnostic procedures and tests
- Interpret clinical findings
- Order and arrange referrals and medical consultations
- Prescribing specific medications/therapeutic interventions
- Organizational skills
- Teamwork